

Heavenly Death by Chocolate Trifle

Hands on time: 30 minutes **Total time:** 2 hours **Serves:** 20

Ingredients:

1 package fudge brownie mix for an 8-inch pan, plus ingredients listed in instructions

1 small (3.9-ounce) package instant chocolate pudding mix, plus ingredients listed in instructions

1 (8-ounce) container frozen nondairy whipped topping, thawed

10 Oreo cookies, crushed

Hershey's chocolate syrup, regular or dark

2 pints strawberries, rinsed, patted dry and sliced

Instructions:

Prepare the pudding according to package instructions. Fold in the topping and set aside.

In a large glass trifle dish, sprinkle a layer of crushed Oreos (you may use them all or set aside some to sprinkle over the top of the trifle).

On top of the Oreos, layer half the brownies. Drizzle with chocolate syrup. Top with half the strawberries. Spread with half the pudding mixture. Then repeat the layers, using the rest of the brownies, another drizzling of chocolate syrup, the rest of the strawberries and finally the rest of the pudding mixture. Smooth the top of the pudding, then drizzle with more chocolate syrup. (If you reserved some of the crushed Oreos, you can sprinkle them on top, too.) Chill until serving.

Nutrition:

Per serving: 246 calories (percent of calories from fat, 38), 2 grams protein, 37 grams carbohydrates, 1 gram fiber, 11 grams fat (4 grams saturated), 21 milligrams cholesterol, 207 milligrams sodium.